



April 17, 2003

Studies have shown that contact with animals can have many positive health benefits. For individuals with physical and/or cognitive limitations, pet therapy can become even more beneficial.

Barbara Lloyd has donated her time and energy to the worthwhile cause of pet therapy for residents in the Extended Care Program at Wascana Rehabilitation Centre. Since 2001, she has accompanied her dog, Artemis, on monthly visits to the program.

On numerous occasions, Barbara has gone above and beyond the call for community volunteerism. For example, she has taken photos of individual residents with Artemis and donated them - this particular action has brought many smiles to many faces. Her "people skills" have enabled her to reach residents in an exemplary manner.

Barbara has given of her time, empathy and knowledge to enhance the lives of long term care residents.

The Extended Care Recreation Therapy Program exists in order to maximize quality of life for residents. Barbara has assisted us in this goal by providing emotional and sensory stimulation to the residents of Wascana Rehabilitation Centre.

Personally, I find her skills extraordinary and feel fortunate she has chosen to volunteer with the Recreation Therapy program.

Sincerely,

A handwritten signature in cursive script that reads "S. Babcock".

Sherri Babcock  
Recreation Therapist  
Extended Care Program  
Wascana Rehabilitation Centre